



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – July 27, 2018

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Quote of the Week

"The role of a great leader is not to give greatness to human beings, but to help them extract the greatness they already have inside them."

J Buchan



The Chief's Desk

In an Instant, Life can Change

Our lives can change in an instant. This is something we live with every day as firefighters, paramedics or police officers. Not because we think it's going to happen to us, but because we see so many other lives changed forever nearly every day we report to work.

We arrive at the fire station ready to protect our communities. Some reading this may take that statement to mean emergency response. However, what we do to protect our constituents goes well beyond the response, or reactive part of our job. Public education programs, business inspections, hydrant inspections, calls for service are all examples of ways we provide protection in a proactive way to all those that we serve.

As emergency response personnel, we take part in training programs meant to provide us the situational awareness, skills and knowledge needed to keep us safe. Unfortunately, despite our efforts, we still experience a high number of injuries, death and work related illnesses e.g. cancer and cardiac issues. In the last few years we've become more aware of Post-Traumatic Stress Disorder (PTSD). More firefighters are dying every year from suicide than from fire ground related activities. **Continued on page 3**

Upcoming Events:

July 30 – Meet with Tech Services, Meet with NAU
July 31 – PV Chamber Breakfast
Aug 1 – Chino Chamber Lunch
Aug 2 – Chief on Vacation
Aug 3 – AFCA Executive Board Meeting

Board Meeting:

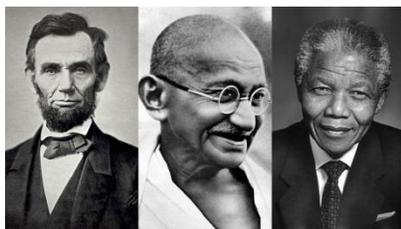
July 27th Chino Valley Town Hall

CVFD – 1600-1630
CAFMA – 1630 -1800
CYFD – 1800-1830



Great Leaders are Confident, Connected, Committed and Courageous

By: Peter Bregman July 13, 2018
Harvard Business Review



Brad was leading a difficult turnaround of his company and had decided to fire his head of sales, who was a nice guy but wasn't performing.

Three months later, he still hadn't fired him.

I asked him why. His answer? "I'm a wimp!"

Brad (not his real name — I've changed some details to protect people's privacy) is the CEO of a financial services firm and is most definitely not a wimp. He's a normal human, just like you and me. And he's struggling to follow through on an important, strategic decision. Just like, at times, you and I do.

No matter your age, your role, your position, your title, your profession, or your status, to get your most important work done, you have to have hard conversations, create accountability, and inspire action.

[More](#)

Leaving a Positive Leadership Legacy is Really About Living Your Values Now

By: Ric Kelly
Entrepreneur .com



For me, the most memorable event in the FIFA World Cup wasn't the goal scoring, the lifting of the golden trophy or the multimillionaire superstars. It was the wonderful story of the Japanese squad cleaning up their locker room after their narrow 3-2 defeat against Belgium and leaving a thank you note in Russian to their hosts.

It got me thinking about building positive leadership legacies. We seem to spend so much of our time chasing targets and calculating our next leadership move, rather than focusing on what it is that we want to achieve and be remembered for as organizational leaders.

Research suggests people are more motivated to avoid a negative legacy than actively building a positive one. This certainly was the case with Alfred Nobel of Nobel Prize fame.

Nobel made his fortune as a Swedish arms manufacturer who invented dynamite. When his brother Ludvig died in 1888 in Cannes, a French newspaper mistakenly published an obituary of Alfred Nobel entitled, "Le marchand de la mort est mort" ("The merchant of death is dead"). On reading his own obituary, Alfred Nobel was mortified that he would be remembered thus and promptly bequeathed the bulk of his fortune to establish the Nobel prizes. His positive legacy lives on each year.

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Chief's Desk Continued

In an instant everything in our lives can be changed because of our profession. How many firefighters across the country went to their doctor this week because they were feeling off and received the news that they have cancer? Years of exposure to carcinogens that we inhale, or that seep in through our gear as well as our uniforms during and after a fire can take away what we thought was our future. How many firefighters across the country took their lives this week due to PTSD? It wasn't one instant that changed that person's life; it was who knows how many exposures that resulted in Post-Traumatic Stress.

Lt. Nathan Flynn responded to a house fire on Monday, July 23, 2018 something he had done numerous times throughout his career, and yet on this day he responded to his last fire. He never made it home to his wife and kids because in an instant the floor gave way under him and he was killed.

Early Thursday morning off I-10 near Avondale Trooper Tyler Edenhofer responded to a report of a person on the highway. Trooper Edenhofer was three months out of the academy and had a bright future ahead of him. A struggle ensued on the highway while trying to apprehend the suspect, and in an instant Tyler was shot and killed. He didn't make it home from his shift, and his family is now without someone they loved dearly.



Last weekend I learned that a friend of mine was seriously injured when a truck exploded. Captain Aaron Burlingame, a seasoned veteran and well respected officer, arrived on scene with his engine company to find a work truck that had been on fire, but appeared to be out. According to an interview on KSDK St. Louis, he was just checking around the truck to make sure the fire was actually out. He knelt down to look underneath and when he stood up vapors from a tank in a side compartment lit off blowing the door 100ft through the air and engulfing Aaron in a ball of flame. While his burns are serious, it

could have been much worse. In an instant, his life was changed. He will eventually get back to an engine, but the physical and mental scars will remain.



You can see Aaron's story at the link below:

<https://www.ksdk.com/article/news/local/exclusive-st-charles-firefighter-grateful-after-surviving-explosion/63-577866189>



Captain Aaron Burlingame
St. Charles City FD

How are you preparing for your work day? What are you doing with the time and opportunity you have for training? Are you maintaining your situational awareness starting with when you get up in the morning?

Despite our training, despite our preparation, things are going to happen. Our job is to make sense of chaotic situations, and work in environments that are dangerous. To that end, are you taking advantage of time with your family? Are you enjoying life and making the most out of your opportunities? Are you making memories, taking a breath and taking time to enjoy other things in life besides the fire service?

Our lives can be changed dramatically in an instant. We need to respect that fact, and do everything we can to protect ourselves as well as those around us. And when something does happen, it's the fire service family that's going to rally and take care of each other, because that's what family does. Live, love and laugh – at least I think that's the saying. Give

back, and leave something for the next generation coming behind us. Spend time teaching them the job, and helping guide them in life.

We want everyone to go home, and we want everyone to enjoy a nice long life in retirement. Take care of each other, take time for your family, and take time to enjoy the many blessings we've all been provided.

Stuff That's Happening

We finished interviewing candidates for the Tech Manager position on Thursday. We did make a job offer to a candidate. I'd tell you who it is, but until he accepts I cannot. Hopefully, we'll hear from him today. If he takes our offer, he will start towards the end of August. As soon as I know that he has officially accepted, I will let all of you know.

I met with Yavapai College on Monday to follow-up on the Senior Leadership Academy. It seems things are progressing on track. This means that we will meet our target date of January to begin the program. Start looking for sign up materials in October; marketing information should be out prior to that time. This is a 6 month program that is set for two days the second week of every month. We've established Tuesdays and Wednesdays as the class days to avoid holidays and to allow office personnel to be in their offices at the beginning and end of the week. As I have said before, the intent of the program is to fill the training gap between Battalion Chief and senior levels. Additionally, the program is designed for those who wish to move from high level admin positions to managerial positions. It's not operations centric, so it is good for all divisions within a fire service agency. We've also ensured that on topics like finance that we include both municipal and district instructors.

I was in Avondale on Wednesday to take part in an after action review of the leadership conference. This did not include a review of the keynote speakers or the training classes; rather it was a review of the nuts and bolts of the conference. One area of improvement we'd like to make next year involves better marketing of the expo across all ranks within the fire departments. The fact is that Fire Chiefs do not purchase equipment. We may sign off, but we are not the ones necessarily reviewing, testing and recommending. To that end, we want to make sure all ranks have the opportunity to visit the expo. There is no charge for admission, so you'll be able to come down, visit with vendors, and look at products including apparatus for free.

Our local NAU campus reached out to me stating that they are starting some new classes that may fit the needs of our personnel. I'm meeting with their local rep on Monday to discuss the specifics to determine if they really do fit our needs. The ASU program is slated to start in our area in the fall of 2019. Looks like you may have some options folks – stay tuned.